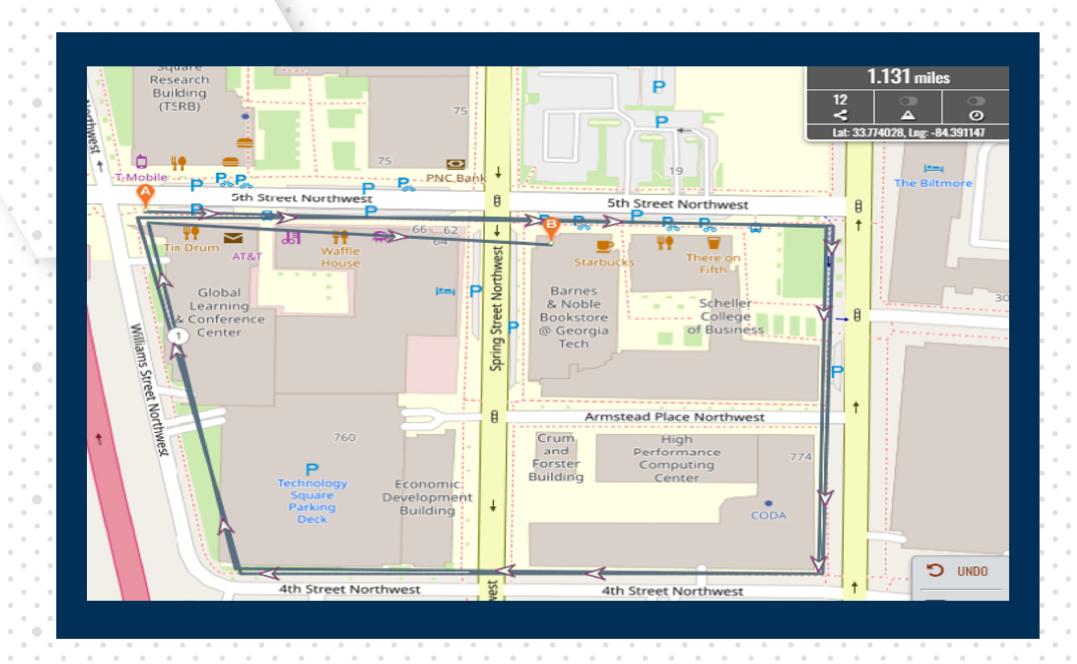




Join us on Tech Green today 2/5 between 12-2 p.m. for some heart healthy activity



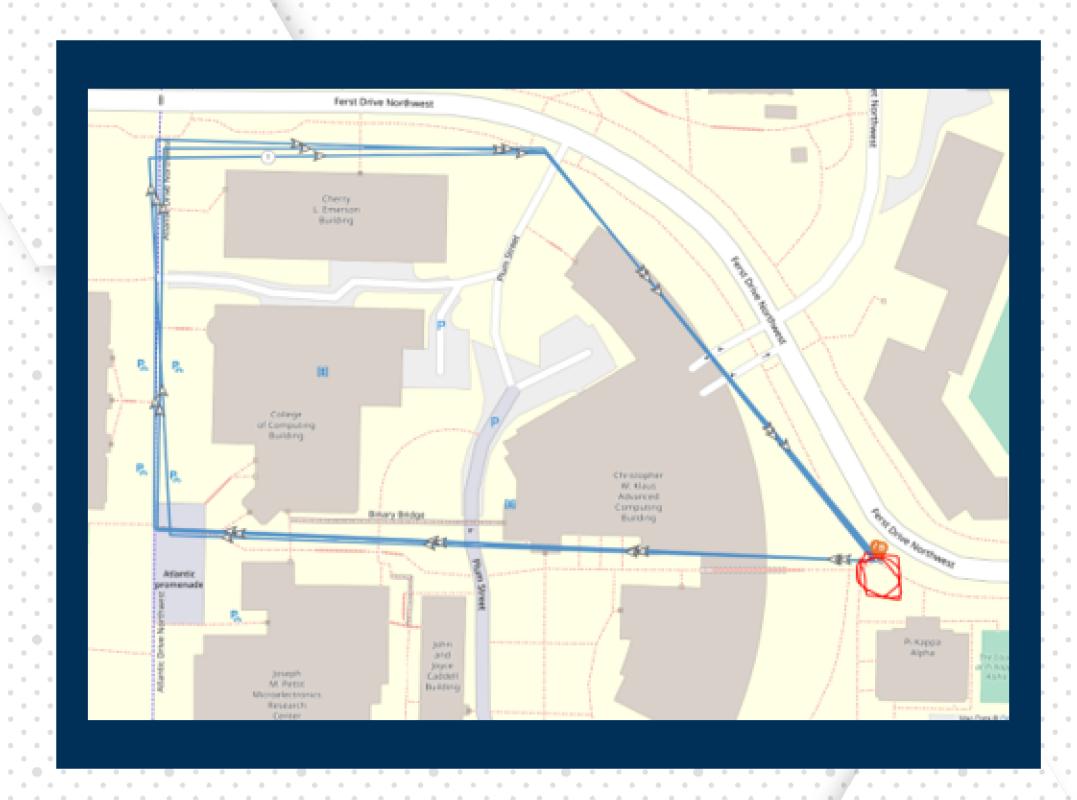


2 laps = 1 mile



We'll see you at Tech Square today 2/6 between 12-2 p.m. and get your steps in!



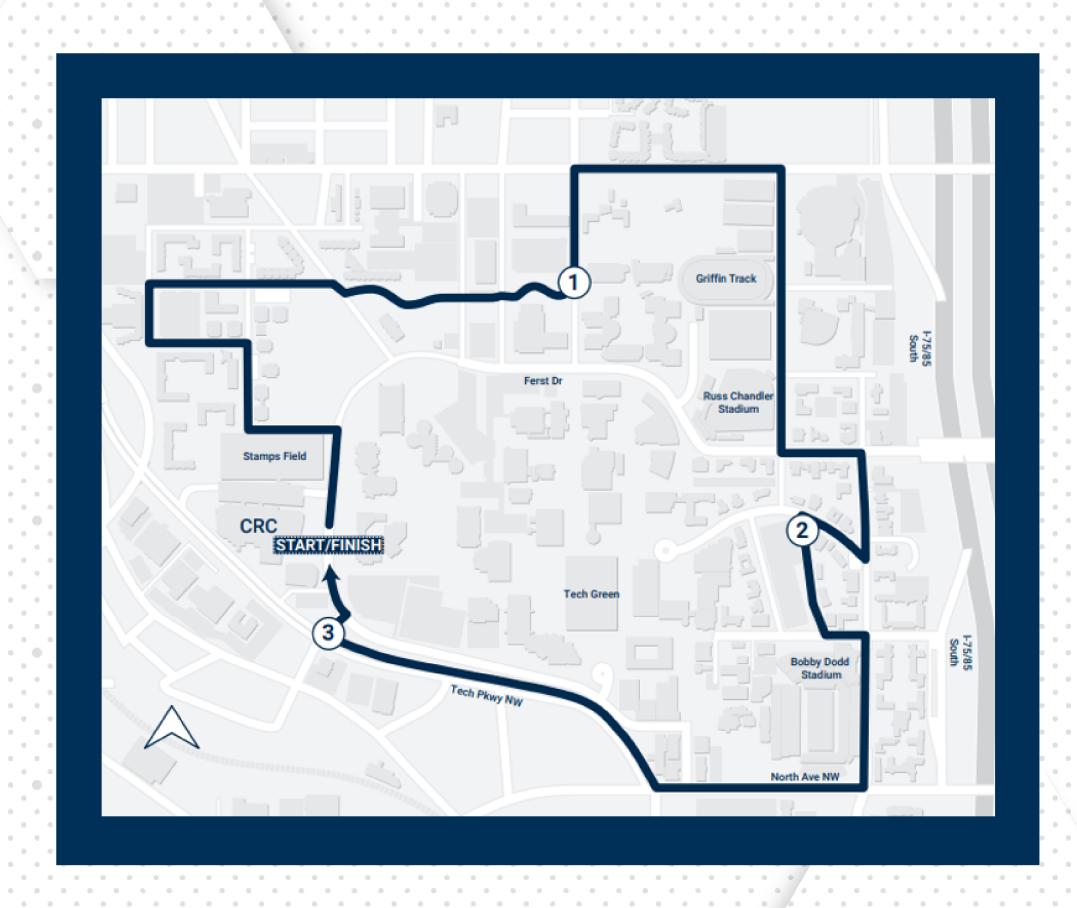


3 laps = 1 mile



Today's walking route is at the Progress Pride Staircase (Klaus) 2/7 between 12-2 p.m.



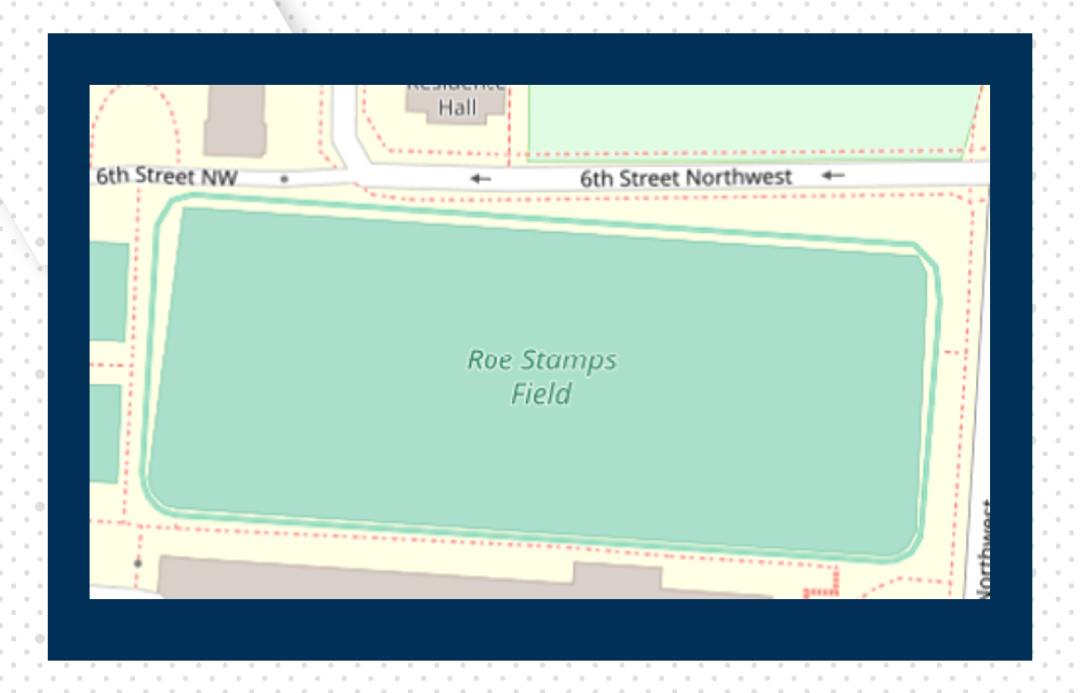


1/3 lap = 1 mile



Today's route is the Pi Mile! We'll see you outside the CRC 2/8 between 12-2 p.m.





4 laps = 1 mile



We'll be on the Roe Stamps Field track next to the CRC today 2/9 from 12-2 p.m.